



1000 Most-used Words In Italian

Essential Foundations for Italian Confidence

By MindSmith Books

Companion Guide for Our Top-Rated Language Learning Books on Amazon

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Introduction

Welcome to your *Italian 1000 Most-Used Words* guide!

Whether you're just starting out with Italian or brushing up on the basics, this list is designed to be a go-to reference for building your confidence in the language. We've carefully chosen the **most essential and commonly used Italian words**, so you can focus your time and energy on what really matters: learning the words you'll actually use.

This guide is organized into five clear sections:

1. **Essential Foundation** – Words you'll see every day
2. **People & Relationships** – Talk about family, friends, and yourself
3. **Daily Life & Activities** – Vocabulary for real-life situations
4. **Communication & Expression** – How to say what you feel or need
5. **World & Environment** – Describing the world around you

Each section is grouped by theme and formatted in a clean, easy-to-read table with the Italian word on the left and its English meaning on the right, you can visually scan and absorb faster.

How to Use This Guide

- **Study a few words each day** – don't rush. 10–20 words per session is perfect.
- **Check off words** you've learned (printable or digital).
- **Revisit often** – spaced repetition is key to long-term memory.
- **Write your own sentences** using new words to reinforce learning.
- **Pair it with our physical books on Amazon, or audio practice** if possible (YouTube, podcasts, apps).

This guide is a companion to your Italian journey – whether you're reading, listening, traveling, or practicing with others. Keep it nearby and come back to it often.

Grazie e buon viaggio!

– *The MindSmith Books Team*

1. Essential Foundation

Italian	English	Italian	English
a	to, at	maggio	May
allora	then, so	male	bad, badly
anche	also, too	marzo	March
ancora	still, yet	mi	me
andare	to go	mio	my
anni	years	molto	much, very
aprile	April	ne	of it, some
avere	to have	niente	nothing
bene	well, good	no	no
bere	to drink	noi	we
buono	good	non	not
c'è	there is	nostro	our
che	that, which	novembre	November
chi	who	nudo	naked
ci	us, there	oggi	today
cinque	five	ogni	every
come	how, like	otto	eight
con	with	ottobre	October
cosa	thing, what	perché	why, because
cui	which, whom	però	but, however
da	from, by	più	more
dare	to give	poco	little, few
di	of, from	prima	before

dicembre	December	primo	first
dieci	ten	può	can
dire	to say	quale	which
dove	where	quando	when
due	two	quanto	how much
è	is	quattro	four
essere	to be	questo	this
fare	to do, make	qui	here
febbraio	February	se	if
gennaio	January	sei	six
giugno	June	sempre	always
grande	big, great	senza	without
in	in	settembre	September
io	I	sette	seven
la	the (f)	sì	yes
le	the (f pl)	solo	only, alone
lei	she, you (formal)	sono	I am, they are
li	them	sopra	above
lo	the (m), him	sotto	under
loro	they, them	stare	to stay, be
luglio	July	stesso	same
lui	he	su	on
lunedì	Monday	sua	his, her
ma	but	subito	immediately
mai	never	suo	his, her
martedì	Tuesday	te	you

me	me	tre	three
mercoledì	Wednesday	tutto	all, everything
mi	me	un	a, an (m)
mille	thousand	una	a, an (f)
molto	much, very	uno	one
ne	of it	venerdì	Friday
noi	we	verde	green
non	not	vero	true
nuovo	new	via	away, street
oggi	today	voi	you (plural)
ogni	every	vuole	wants

2. People & Relationships

Italian	English	Italian	English
amico	friend	marito	husband
amore	love	medico	doctor
bambina	little girl	moglie	wife
bambino	little boy	morire	to die
bocca	mouth	nascere	to be born
braccio	arm	nemico	enemy
capello	hair	nipote	grandchild
cuore	heart	nome	name
dente	tooth	nonno	grandfather
dottore	doctor	nonna	grandmother
famiglia	family	occhio	eye
fidanzato	boyfriend	padre	father
fidanzata	girlfriend	persona	person
figlia	daughter	professore	teacher (m)
figlio	son	professoressa	teacher (f)
fratello	brother	ragazza	girl
gamba	leg	ragazzo	boy
gente	people	re	king
gruppo	group	regina	queen
la mamma	mom	sentimento	feeling
la moglie	wife	signora	lady, Mrs.
madre	mother	signore	gentleman, Mr.
maestra	teacher (f)	sorella	sister

maestro	teacher (m)	sposare	to marry
mano	hand	studente	student (m)
studentessa	student (f)	zio	uncle
testa	head	zia	aunt
uomo	man		

3. Daily Life & Activities

Italian	English	Italian	English
acqua	water	mangiare	to eat
appartamento	apartment	mattina	morning
aprire	to open	mercato	market
automobile	car	metro	subway
bicchiere	glass	minuto	minute
bicicletta	bicycle	momento	moment
biglietto	ticket	negozio	shop
borsa	bag	notte	night
bottiglia	bottle	ora	hour
braccialetto	bracelet	orologio	watch
caffè	coffee	ospedale	hospital
calore	heat	palazzo	building
camera	room	pane	bread
camicia	shirt	parete	wall
cane	dog	parola	word
carne	meat	paura	fear
casa	house	pesce	fish
centro	center	pezzo	piece
cercare	to look for	piatto	plate
chiave	key	porta	door
chiudere	to close	portare	to carry
città	city	pranzo	lunch
colore	color	prezzo	price

comprare	to buy	prodotto	product
conto	bill	quaderno	notebook
controllo	control	ricordare	to remember
cucinare	to cook	sala	room
da	from	sbagliare	to make mistake
decidere	to decide	scala	stairs
denaro	money	scarpa	shoe
destra	right	scendere	to go down
diventare	to become	scrivere	to write
dolce	sweet	secondo	second
dormire	to sleep	sera	evening
entrare	to enter	servire	to serve
euro	euro	settimana	week
finestra	window	sinistra	left
fiore	flower	stanza	room
freddo	cold	stazione	station
fretta	hurry	strada	street
frutta	fruit	tavolo	table
gatto	cat	tempo	time
giallo	yellow	treno	train
giardino	garden	ufficio	office
giorno	day	uscire	to go out
guidare	to drive	vendere	to sell
idea	idea	vestito	dress
inverno	winter	viaggiare	to travel
latte	milk	viaggio	trip

lavorare	to work	vincere	to win
lavoro	work	vino	wine
letto	bed	vita	life
libro	book	vivere	to live
luce	light	voce	voice
macchina	car	volare	to fly
madre	mother	volere	to want

4. Communication & Expression

Italian	English	Italian	English
aiutare	to help	parlare	to speak
alzare	to raise	passare	to pass
aprire	to open	pensare	to think
ascoltare	to listen	piacere	to like
aspettare	to wait	portare	to bring
bastare	to be enough	potere	to be able
bello	beautiful	problema	problem
brava	good (f)	provare	to try
bravo	good (m)	punto	point
cadere	to fall	rispondere	to answer
chiamare	to call	sbagliare	to be wrong
cominciare	to begin	scusare	to excuse
continuare	to continue	sentire	to hear
correre	to run	servire	to serve
crescere	to grow	sicuro	sure
diventare	to become	significare	to mean
dolore	pain	smettere	to stop
dopo	after	spegnere	to turn off
durante	during	sperare	to hope
entrare	to enter	succedere	to happen
gioia	joy	tornare	to return
giusto	right	trovare	to find
guardare	to look	ultimo	last

lasciare	to leave	venire	to come
meglio	better	vero	true
mentre	while	vicino	near
mettere	to put	voglia	desire
movimento	movement		

5. World & Environment

Italian	English	Italian	English
albero	tree	palazzo	building
alto	high	parco	park
america	America	parete	wall
animale	animal	piazza	square
aria	air	pioggia	rain
attorno	around	più	more
cielo	sky	posto	place
città	city	provincia	province
computer	computer	pulire	to clean
cultura	culture	regione	region
europa	Europe	ricchezza	wealth
faccia	face	salire	to go up
finire	to finish	scuola	school
fuoco	fire	sicurezza	safety
giornale	newspaper	sole	sun
governo	government	spazio	space
guerra	war	sport	sport
internet	internet	storia	history
istituto	institute	strada	street
italia	Italy	terra	earth
lago	lake	teatro	theater
mare	sea	università	university
medicina	medicine	valore	value

mondo	world	vento	wind
montagna	mountain		
musica	music		
natura	nature		
nazione	nation		
notizia	news		
pace	peace		

Thank You & What's Next?

Thanks for reading - we're happy you chose to have a look at this list of Italian words, as part of your language-learning mission.

If you enjoyed it, you might like to pair it with our language learning books, available on Amazon.

If you'd like to give us any suggestions, need help with something, or to find our full set of helpful books, visit us at MindSmithBooks.com or via the QR code below.



Thanks again,

The MindSmith Team.